



State of Oregon Tanning Operator Training

The following information will cover:

- The purpose of the State tanning program
 - Registration of tanning devices
 - Registrant's administrative responsibilities
 - Operation of tanning facility
 - Warning statement and signage
 - Protective eyewear
 - Training of personnel
 - Protection of consumers
 - Equipment/Lamp Disposal
 - Records and reports
 - Exemptions from the rules
 - Denial, revocation, and or termination of registration
 - Vendor responsibilities
 - Civil Penalties
-

1. The Mission Statement

- a. Promote the health and safety of the people in Oregon by protecting them from unnecessary radiation exposure.
 - i. *Establishing, adopting, and maintaining radiation protection standards for x-ray equipment and other radiation monitoring devices, radioactive materials, and **tanning beds** ...*

2. Contact Information

- a. Individual inspectors phone numbers and email addresses are located at the bottom of the following website:
<http://oregon.gov/DHS/ph/rps/tanning.shtml>
- b. Main Office number: 971-673-0490
- c. TTY: (971) 673- 0372
- d. Website: www.healthoregon.org/rps

3. The Oregon Administrative Rules pertaining to tanning devices include:

- a. [333-103: Fees](#)
- b. [333-111: Inspections](#)
- c. [333-119: Registration of Tanning Facilities](#) . The following information is from this division.
- d. [333-124: Civil Penalties](#). Information on 124 included at the end.

4. Chapter 333, Division 119, § 0001-0200

- a. *The purpose of this Division is to regulate tanning facilities to minimize the risks associated with tanning by artificial Ultraviolet light.*
- b. The requirements... apply to any tanning facility that operates any tanning devices. *Physicians' phototherapy devices are exempt.*
- c. In addition... all registrants are subject to the applicable provisions of other parts of these rules.

5. Licensing & Registration 333-119-0020

- a. Have you talked to the registrar?
- b. Fill out the [registration form](#) **completely**.
- c. The license fee is **\$100** for each bed, you may send a check with your facility application OR after the application is received you will be billed.
 - i. At this time we do not accept credit card.

d. Licenses are NON TRANSFERABLE.

- e. License fees are due **January 1st** of each year. You will receive renewal notices in the mail starting around October of each year.
- f. Each License is to be posted in the facility in public view.
- g. If you sell your business or are a new owner, you have **30 days** to notify the agency of ownership change.
- h. If you buy or sell any of your tanning devices you have **30 days** to notify the agency of the equipment change.

6. Administrative Responsibilities 333-119-0030

- a. A tanning device which does not meet the provisions of these rules shall not be operated.
- b. The registrant shall assure that the tanning facility will comply with all applicable federal laws and regulations.
- c. Registrants are also subject to **divisions 103, 111 and 124**.
- d. **After each inspection the facility is left with an Inspection report. This report will be posted in public view.**
- e. The Agency '[Notice to the Public](#)' sign will be posted in public view.

7. Operation 333-119-0040

a. **Physical Facility:**

- i. Registrants will provide a maintained restroom. It will include a working:
 1. Toilet and
 2. Sink
- ii. The room where the tanning device is located will be below 100°F
- iii. The facility will be maintained in accordance with city, county and state codes.
- iv. All tanning devices and tanning goggles **MUST** be cleaned with an [approved sanitizer](#).
 1. You are required to provide goggles. If you choose to sell them, that is acceptable. If you choose to sanitize and re-use them that is also acceptable.
- v. The sanitizer **MUST** be mixed to the proper concentration.
 1. Use a Quat Test kit to ensure proper concentration when you mix the sanitizer. If the sanitizer sits around check it with the quat test weekly to ensure it is still at the proper concentration.
 2. Each sanitizer has a different concentration make sure you are mixing yours properly. The concentration requirements are found on the [approved sanitizer list](#).

b. **Cleaning and Maintenance:**

- i. All areas of the tanning facility will be maintained in a clean and sanitary manner by facility operator

- ii. Tanning devices are to be cleaned with an approved sanitizer after each use by the facility operator.
- iii. A clean paper or cloth towel will be used each time the tanning device is cleaned and sanitized.
- iv. Facilities must have a test kit that accurately measures the concentration of the sanitizing solution.
- v. Facilities must provide customers with clean towels (cloth or paper).
- vi. Facilities must provide an appropriate hamper or trash can for the towels.
- vii. **There are no pets or animals allowed in tanning salons, unless it is a service animal.**

8. Warning Statement 333-119-0050

- a. The warning statement is usually located on the client cards.
- b. Customers need to acknowledge the warning statement by providing a signature and date.
- c. Customer signatures need to be updated **once a year**.
- d. These records must be available for inspector review.
- e. The warning statement says: ***“Warning not wearing the protective eyewear provided to each customer by the tanning facility may cause damage to the eyes; and overexposure to the tanning process may cause skin cancer or premature aging of the skin or both; and abnormal skin sensitivity or burning may result from the tanning process if the customer is also consuming or using certain foods, cosmetics, or medications such as tranquilizers, antibiotics, diuretics, high blood pressure medication, antineoplastics or birth control pills, and any person taking a prescription or over-the-counter drug should consult a physician before using a tanning device.”*** In other words:
 - i. Not wearing goggles may cause eye damage
 - ii. Overexposure may cause burns
 - iii. Repeated exposure may cause skin cancer and/or premature ageing of the skin
 - iv. Certain foods, cosmetics and medications may cause skin sensitivity or burns
 - v. Persons taking prescriptions should consult a doctor before tanning.

9. Warning Sign 333-119-0060

- a. The [Warning sign](#) is to be posted *conspicuously* within **1 meter, 39.37 inches**, or approximately **3 feet** of each tanning device
- b. The sign contains the following information:
 - i. Danger UV radiation, follow instructions
 - ii. Overexposure may cause cancer and/or premature ageing of skin
 - iii. Wear eyewear, not wearing eyewear may cause long term injury to eyes
 - iv. Medications, cosmetics may increase sensitivity to UV radiation
 - v. If you do not tan in the sun? Unlikely to tan w/ tanning device
- c. You may print the sign on different paper or on acrylic sheets, but do not change the size.

10. Eyewear 333-119-0070

- a. Facilities must provide protective eyewear to customers.
 - i. You may sell them.
 - ii. You may, **sanitize** & Re-use
- b. Ensure customers are wearing approved protective eyewear.

- c. No goggles, no tan!
 - i. No, sunglasses will not work
 - ii. No, a towel will not work
- d. It is a good idea to ask to see the goggles before they go in to tan.

11. Training of Personnel 333-119-0080

- a. The registrant will maintain records of device operators.
 - i. Registrants are encouraged to use the [Log of Operator Training](#) to track operators.
 - ii. Keep a copy of all employee training certificates with the [Log of Operator Training](#).
- b. The registrant will ensure all operators are adequately trained in:
 - i. The rules of this division
 - ii. Procedures for correct operation of the tanning facility and tanning devices
 - iii. Recognition of injury or overexposure to ultraviolet radiation
 - iv. The tanning device operator's manual.
 - v. The determination of [skin type](#) of customers and appropriate determination of duration of exposure to registered tanning devices.
 - vi. Emergency procedures to be followed in case of injury
 - vii. Potential photosensitizing foods, cosmetics, and medications
- c. Tanning devices are to be operated only while an adequately trained operator is present at the tanning facility. **If an employee is not present no one can tan.**
- d. All operators of registered tanning facilities must successfully complete a Department approved tanning training course in the State of Oregon prior to commencement of tanning operations by July 1, 2011.
- e. The registrant will [document](#) the staff training. **Copies of the training certificates must be kept at the facility.**

12. Consumers 333-119-0090

- a. Only 1 customer per tanning room at a time
 - i. Except when two or more devices are in a room, and
 - ii. When a customer may need assistance **BOTH people are required to wear eye protection.**
- b. **No consumer under age 18 without written parental consent.**
 - i. Parental Consent must be provided in person and witnessed by tanning operator
 - 1. This information is usually recorded on the client cards.
 - ii. An '[Under 18](#)' sign shall be posted in public view.
- c. Each consumer shall be instructed on how to operate the tanning device.
- d. **NO INFANTS OR MINORS ALLOWED IN TANNING ROOM!**
- e. You can only tan 1 time in a 24 hour period or 1 in a 48 hour period.
- f. A list of photosensitizing agents, [Medication List](#), shall be available for customers to review.

13. Equipment 333-119-0100

- a. All devices must have **acrylic coverings** for the lamps. Wire coverings are not allowed.
- b. Stand up tanning devices:
 - i. Need to have a handrail on the inside
 - ii. Need to be sturdy

- c. Each bed will have a legible label that includes:
 - i. UV warning
 - ii. Exposure position
- d. All burned out lamps must be replaced with the same lamp or an approved equivalent.
- e. Lamp Equivalency Certification is required for after market lamps.
 - i. This is a piece of paper that says the installed lamp is equivalent to the manufacture required lamp.
 - ii. Keep for inspector review
- f. Dispose of burned out tanning lamps properly (See number 14).
- g. You must provide a room, screen, shield, or curtain for tanning devices
- h. Each device **MUST** have a timer.
- i. Each timer must not exceed manufacturer's maximum exposure time.
- j. Device timers shall
 - i. **be controlled by a trained operator,**
 - ii. be remote (outside of the tanning room or booth) ,
 - iii. be accurate within + or – 10%
- k. **TIMERS MUST BE CHECKED ANNUALLY. RECORD EACH TEST ON MAINTENANCE LOG.**
- l. Each tanning device shall have an emergency shut off button! (**That works**)
- m. All tanning devices shall be maintained to the minimum requirements of the manufacturer.
- n. Each tanning device shall be equipped with an hour meter to accurately determine lamp hour use and recording of maintenance service on each device.
- o. Commencing January 1, 2011, tanning devices intended for commercial use that were manufactured prior to September 8, 1986 shall be prohibited from being operated, sold, leased, transferred and lent within the State of Oregon.

14. Mercury

- a. Mercury is a toxic metal that can accumulate in living tissue and cause adverse health effects. Businesses and governments in Oregon discard several million lamps each year, making these lamps the largest source of mercury in our solid waste-stream.
- b. Excessive exposure to mercury can result in:
 - i. Tremors
 - ii. loss of sensation in extremities
 - iii. vision and hearing loss
 - iv. developmental and behavioral abnormalities
 - v. Mercury is especially harmful to fetuses and to small children.
 - vi. Women of childbearing age are at special risk
- c. Lamps must be disposed of through a licensed facility.

15. Record Keeping 333-119-0110

- a. Maintain record of customers on Client Cards, include the following:
 - i. Total # of tanning visits
 - ii. Dates of visit
 - iii. Durations of visit
 - iv. **Signature & Date, acknowledging they understand the potential risks**
 - v. Parental consent signature and date

16. Reporting an Injury 333-119-0110

- a. Was there medical attention required? If yes you must:

- i. Submit a **record of injury** to the State within **5 working days** after occurrence.
- ii. The report shall include:
 - 1. Name, address, and phone # of injured
 - 2. Name, address, and phone # of tanning facility
 - 3. Nature of actual/alleged injury
 - 4. Information relevant to actual/alleged injury

17. Records & Reports 33-119-0110

- a. Maintain records showing the results of annual timer tests
 - i. Conduct a timer test yearly on EACH tanning device.
 - ii. Timer must be accurate within + or – 10%
 - iii. Record the timer tests on the [Timer Test Record](#)
- b. Keep each tanning device operators manual. If you do not have one contact the manufacturer. **It needs to be kept at the facility.**
- c. Keep on file [maintenance records](#) for each tanning device.
- d. All required records shall be maintained until inspected by the Agency and shall be so filed as to be **readily available for review**.
- e. This means whoever is working has access to **ALL** of the required records.

i. Tip: Keep a binder (up to date) with all of the required records! (Label it Tanning Inspector)

18. Advertising 333-119-0120

- a. Registrants shall not claim or distribute promotional materials that claim using a tanning device is safe, free from risk or that using the device will result in medical or health benefits. **Only cosmetic claims can be promoted.**
- b. Do not refer to your facility as being registered with the Agency
- c. ***No person or facility will advertise or promote tanning packages labeled as “unlimited”.***
- d. **Do not advertise or promote tanning packages as “unlimited”.**
 - i. This includes advertising on/in:
 - 1. Signs
 - 2. windows
 - 3. flyers
 - 4. newspapers
 - 5. television
 - 6. radio
 - 7. email
 - 8. web pages
 - 9. craigslist
 - 10. MySpace
 - 11. Twitter
 - 12. Facebook...

19. Is anyone exempt? 333-119-0130

- a. Phototherapy device used by the direct supervision of a physician
- b. Individuals who own a tanning device **EXCLUSIVELY** for personal use.
- c. Devices in storage
 - i. Must have power supply physically disconnected
 - ii. Lamps removed

20. Denial, Revocation, or Termination of Registration 333-119-0140

- a. Some reasons for the above:
 - i. Any false statement on application

- ii. Operation of facility that causes or threatens a hazard to public health or safety
- iii. Failure to allow authorized representative of Agency to enter
- iv. Failure to observe any of the terms and conditions of the rules

21. Civil Penalty 333-124- 0010(8)

- a. Division 124 was filed on February 16, 2010.
- b. Division 124 covers civil penalties for non-payment of registration fees, and failure to respond to inspection findings.

Sample of how Division 124 applies to registration: For 1 tanning device (\$100):			
Days Past Due	% of total Registration Fees	Civil Penalty (CP) Owed	Registration Fees + Civil Penalty
30	3%	\$3 x 30 days = \$90	\$190
60	5%	\$5 x 30 days = \$150	\$340
90	10%	\$10 x 30 days = \$300	\$640
120	10%	\$10 x 30 days = \$940	\$940

- c. Inspection civil penalty
 - i. State inspectors will leave you with an “Inspection Finding Report & Registrant Acknowledgement’ form with a list of citations, corresponding severity levels (listed below #19) and the number of instances.
 - ii. **You have 30 days from the date of the inspection to correct all of the items and submit your response in writing.**
 - 1. When responding to the inspection be sure to respond in writing to each item marked on the report.
 - 2. Include copies of any receipts for service, copies of any records you may have been missing, the cover page of any operators manuals you were missing.
 - 3. Do not ignore your inspection findings! If you need clarification or more time to fix the items contact your inspector right away.
 - iii. **If we receive your response within the 30 days and you have responded in an acceptable way to each item you do not have to worry about the civil penalties!**
 - iv. If we do not hear from you in 30 days, the information will be forwarded to management and a civil penalty will be issued.

22. Civil Penalty 333-124

- a. **Level 1 Violation:** A violation that has the potential to cause a *significant* health and safety problem or has caused a significant health and safety problem
 - i. 1st offence: \$200.00
 - ii. 2nd offence: \$350.00
 - iii. 3rd offence & subsequent offences : \$500.00
- b. **Level 2 Violation:** A violation that has the potential to cause a *moderate* health and safety problem or has caused a moderate health and safety problem
 - i. 1st offence: \$150.00

- ii. 2nd offence: \$200.00
- iii. 3rd offence & subsequent offences: \$250.00
- c. **Level 3 Violation:** A violation that has the potential to cause a *minor* health and safety problem or has caused a minor health and safety problem.
 - i. 1st offence: \$100.00
 - ii. 2nd offence: \$150.00
 - iii. 3rd offence & subsequent offences: \$200.00
- d. **Level 4 Violation:** A violation that, if it continues, could result in a condition that may cause a health and safety problem.
 - i. 1st offence: \$75.00
 - ii. 2nd offence: \$100.00
 - iii. 3rd offence & subsequent offences: \$125.00
- e. **Level 5 Violation:** An action that violates a statute or rule but will not result in a direct health and safety problem. (Minor statutory or administrative rule infraction)
 - i. 1st offence: \$50.00
 - ii. 2nd offence: \$75.00
 - iii. 3rd offence & subsequent offences: \$100.00
- f. **Remember you have 30 days from the date of the inspection to correct all of the items and submit your response in writing.**
 - i. When responding to the inspection be sure to respond in writing to each item marked on the report.
 - ii. Include copies of any receipts for service, copies of any records you may have been missing, the cover page of any operators manuals you were missing.
 - iii. Do not ignore your inspection findings! If you need clarification or more time to fix the items contact your inspector right away.
 - iv. **If we receive your response within the 30 days and you have responded in an acceptable way to each item you do not have to worry about the civil penalties!**
 - v. If we do not hear from you in 30 days, the information will be forwarded to management and a civil penalty will be issued.

Notice to the Public

This facility is regulated by DHS Oregon Public Health Division under the Oregon Rules for the Control of Radiation, Oregon Administrative Rules, Chapter 333, Division 119.

The owner and operator of this facility is required to maintain the facility and all tanning devices in a clean and sanitary manner at all times for use by consumers. They are also required to comply with all other provisions of the above cited Rules.

If you wish to report any concerns you have as a consumer regarding the operation of this facility in terms of health or safety issues, please contact

Radiation Protection Services at

971-673-0490

Or write to

**Manager, Radiation Protection Services
800 NE Oregon Street, Suite 640
Portland, Oregon 97232**

(OAR 333-119-0030(6))



APPROVED TANNING DEVICE SANITIZERS
Oregon Health Authority | Radiation Protection Services
800 NE Oregon Street, Suite 640
Portland, OR 97232-2162
Voice: (971) 673-0490 | Fax: (971) 673-0553
<http://www.healthoregon.org/rps>

Make sure the sanitizer you are using to clean and sanitize your tanning device(s) is on the list below. It is important that the sanitizers are mixed to the appropriate concentration. All of the sanitizers are different. Make sure you test the concentration with the test strips each time you mix it, and then weekly thereafter to ensure proper concentration.

Name	Parts Per Million	Test Kit
Australian Gold	400 ppm	QT-10
Blue Skies II	600 ppm	QUAT-Test
Cal Care Acryli-Safe	600 ppm	QUAT-Test
Crew Na	400 ppm	QT-10
Cunnigham Tanning Bed Hygienic Cleaner	400 ppm	QT-10
Dimension II	600 ppm	QUAT-Test
Dimension III	600 ppm	QUAT-Test
End Bac	400 ppm	QT-10
Factor 128	400 ppm	QT-10
Forward DC	400 ppm	QT-10
Green Solutions Neutral Disinfectant Cleaner	850 ppm	QUAT-Test
HDQ Neutral	660 ppm	QUAT-Test
Hepacide Quat II	NA	NA
Hepacide Quat	600 ppm	QUAT-Test
HDQ	600 ppm	QUAT-Test
DMQ	600 ppm	QUAT-Test
J-80 Sanitizer	200 ppm	QT-10
Lemon Fields II	600 ppm	QUAT-Test
Lucasol	700 ppm	QUAT-Test
Medical Medallion Disinfectant	400 ppm	QT-10
Morning Mist	600 ppm	QUAT-Test
Perfect Lemon	515 ppm	QUAT-Test
Pine Mountain II	600 ppm	QUAT-Test
Puretan Sanitizer	400 ppm	QT-10
Quat Guard 1610	400 ppm	QT-10
Quatsyl 256	600 ppm	QUAT
Sani-Bed; C 2 It Sanitizer	600 ppm	QUAT
Sanicare Lemon Quat	660 ppm	QUAT
Summertime Sanitizer		
<i>(Note: must include FDA, EPA notice)</i>	400 ppm	QT-10
Sun Dry 44	456 ppm	QT-10
Sunquest Sanitizer	400 ppm	QT-10
Super HDQ Neutral	660 ppm	QUAT-Test
Tan America	400 ppm	QT-10
Terminator	859 ppm	QUAT
Ultra Clean	400 ppm	QT-10
Virex 128	400 ppm	QT-10
Virex 256	400 ppm	QT-10

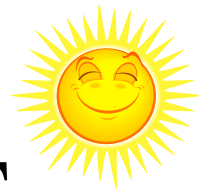


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<http://www.healthoregon.org/rps>

Buckeye International	1-800-321-2583
Desert Viking Distributing Co	1-800-795-9520
ETS, Inc.	1-800-367-6836
Industrial Supply Company of Salem, Inc.	503-363-2374
Looking Fit Marketing	1-800-333-3301
MEHAZ, Inc	1-805-494-4948
National Sanitary Supply	503-234-0210
Pacific Beauty Supply	503-399-1222
Paulson & Roles Laboratories	1-800-775-3289
Puretan, Inc	1-800-338-8267
Scot Custodial Supply	503-581-5733
Spartan Chemical Company, Inc.	1-800-537-8990
Summertime Distributor	1-800-925-7648
The Tan Man	503-907-1801
The Tanning Bed Company	1-800-448-5453
Tan America, Inc	1-800-350-2826
Tony Randall & Supply	503-771-1788
Werth Sanitary Supply	1-619-440-2000
West Coast Beauty Supply	503-255-5900
West Coast Paper	503-228-6561



DANGER ULTRAVIOLET RADIATION



- Follow instructions.
- Avoid overexposure. As with natural sunlight, overexposure can cause eye and skin injury and allergic reactions. Repeated exposure may cause premature aging of the skin and/or skin cancer.
- Wear protective eyewear.

**FAILURE TO USE
PROTECTIVE EYEWEAR
MAY RESULT IN SEVERE
BURNS OR LONG-TERM
INJURY TO THE EYES.**

- Medications or cosmetics may increase your sensitivity to the Ultraviolet radiation. Consult a physician before using sunlamp or tanning device if you are using medications or have a history of skin problems or believe yourself to be especially sensitive to sunlight.
- If you do not tan in the sun, you are unlikely to tan from the use of this product.

Client Questionnaire for Determination of Skin Sensitivity

A) Determination based on your hereditary disposition	0	1	2	3	4	Points
1. What is the natural color of your eyes?	Light blue, gray or green	Blue, gray, or green	Blue	Dark brown	Brownish black	
2. What is the natural color of your hair?	Sandy red	Blond	Chestnut dark blond	Dark brown	Black	
3. What is the color of your non-irradiated skin?	Reddish	Very pale	Pale with beige tint	Light brown	Dark brown	
4. Are there freckles on your non-irradiated skin?	Many	Several	Few	Incidental	None	
B) Determination based on your own experience with sunbathing (exposed skin)	0	1	2	3	4	-----
1. What happens when you stay too long in the sun?	Painful redness, peeling, blistering	Burns regularly with peeling	Burns sometimes with peeling	Burns rarely	Never burns	
2. To what degree do you turn brown?	Hardly or not at all	Tans a little, a light color	Tans reasonably	Tans very easily	Quickly turns dark brown	
3. Do you turn gray-brown directly after sunbathing (within several hours)?	Never	Hardly ever	Sometimes	Often	Always	
4. How does your face react to the sun?	Very sensitive	Sensitive	Normal	Very resistant	Never a problem	
C) Your tanning habits	0	1	2	3	4	-----
1. When sunbathing, do you try to tan your whole body?	Never	Hardly ever	Sometimes	Often	Always	
2. When did you last sunbathe (even under a sunlamp)?	More than 3 months ago	2-3 months ago	1-2 months ago	Less than a month ago	Less than 16 days ago	
Total						

[Type I (0-7) Very sensitive // Type II (8-16) Sensitive // Type III (17-25) Average // Type IV (>25) Very resistant]

Sun-Reactive Skin Types Used in Clinical Practice

Skin Type	Skin Reactions to Solar Radiation*	Examples
I	Always burns easily and severely (painful burn); tans little or none and peels	People most often with fair skin, blue eyes, freckles; unexposed skin is white**
II	Usually burns easily and severely (painful burn); tans minimally or lightly; also peels	People most often with fair skin, red or blond hair; blue, hazel or even brown eyes; unexposed skin white**
III	Burns moderately and tans about average	People with average Caucasoid skin; unexposed skin is white
IV	Burns minimally, tans easily, and above average with each exposure; exhibits IPD (immediate pigment darkening) reaction	People with white or light brown skin, dark brown hair, dark eyes (e.g. Mediterranean, Asian, Hispanic, etc); unexposed skin is white or light brown
V	Rarely burns, tans easily and substantially; always exhibits IPD reaction	People with brown skin (e.g. Native American, East Indian, Hispanic, etc); unexposed skin is brown
VI	Almost never burns and tans easily; exhibits IPD reaction	People with dark brown skin (e.g. African, American blacks, Australian, South Indian Aborigines, etc); unexposed skin is black

* Based on the first 45-60 minutes exposure of the summer sun (early June) at sea level = 2-3 Minimum Erythema Dose (MED).

** They may be of Celtic background (Irish or Scottish); others may even have dark hair or brown eyes.

**PERSONS UNDER AGE 18
ARE REQUIRED
TO HAVE PARENT OR
LEGAL GUARDIAN
SIGN AUTHORIZATION
TO TAN IN THE
PRESENCE OF A TANNING
FACILITY OPERATOR.**

(OAR 333-119-0090(2))



MEDICATION LIST

Natural oils found in perfumes and colognes which contain furocoumarins, compounds from natural products such as plants and fruits, can sensitize the skin to sunlight. Food and fruit that contain photosensitizing agents: celery, carrots, lime, coriander, parsley, fennel, dill buttercup, mustard, and figs.

Some known *photosensitizing medications* are listed below by name:

Acetohexamide (Dymelor)	Gold Salts	Sandalwood oil (perfume)
Acridine preparations (slight)	Grass (meadow)	Silver salts
Agave Lechuguilla (amaryllis)	Griseofuivin (Fulvicin)	Smartweed (tea)
Agrimony	Hematoporphyrin	Sparine
9-Aminoacrdine	Hexachlorophene (rare)	Stilbamidine Isethionate
Aminobenzoic Acid	Hydrochlorothiazide (Esidrix, HydroDiuril)	Sulfacetamide
Amitriptyline (Elavil, etc)	Imipramine HCL (Tofranil)	Sulfadiazine
Anesthetics (Procaine group)	Isothipencyl (Theruhistin)	Sulfadimethoxine
Angelica	Isothipendly (Theruhistin)	Sulfaguanidine
Anthracene	L-Tryptophan	Sulfanilamide
Antimalarials	Lady= Thumb (tea)	Sulfamerazine
Arsenicals	Lantinin	Sulfamethazine
Barbiturates	Lavender oil	Sulfapyridine
Bavachi (corylifolia)	Lime oil	Sulfathiazole
Benzene	Mecllothiazide (Enduron)	Sulfonamides
Benzopyrine	Mepazine (Pacatal)	Sulfisomidine (Elkosin)
Bergamot (perfume)	9-Mercaptopurine	Sulfonylureas (antidiabetics)
Bithionol (Actamer, Lorothidol)	Methoxsalen (Meloxine, Oxsoralen)	Temaril
Blankophores (sulfa derivatives)	5-Methoxypsoralen	Terramycin
Bulosemide (Jadit)	8-Methoxypsoralen	Tetrachlorsalicylanilide (TCSA)
Bromchlorsalicylanilid	Monoglycerol	Tetracyclines
4-Butyl-4-Chlorosalicylanilide	para-aminobenzoate	Thiazides (Diuril, HydroDiuril, etc.)
Carbamazepine (Tegretol)	Mustards	Thiophene
Carbinoxamine d-form (Twiston R-A)	Nalidixic Acid (NegGram)	Thiopropazate Dilhydrochloride (Dartal)
Carbutamide (Nadisan)	Naphthalene	Thorazine
Cedar Oil	Neuroleptics	Tolbutamide (Orinase)
Celery	Nortriptyline (Aventyl)	Toluene
Chlorophyll	Orinase	Tribromosalicylanilide (TBS)
Chloroquine	Oxytetracycline (Terramycin)	Trichlormethiazide (Metahydrin)
Chlorothiazide (Diuril)	Para-dimethylaminoazobenzene	Tridione
Chlorpromazine (Thorazine)	Paraphenylenediamine	Trilafon
Chlorpropamide (Diabinese)	Parsley	Triethylene Melamine (TEM)
Chlortetracycline (Aureomycin)	Parsnips	Triflupromazine Hydrochloride (Vesprin)
Citron Oil	Penicillin derivatives (Griseofulvin)	Trimeprazine Tartrate (Temaril)
Citrus Fruits	Perloline	Trimethadione (Tridione)
Clover	Perphenazine (Trilaton)	Triprathiazine
Coal Tar	Phenanthrene Phenazine dyes	Trypaflavine
Compazine	Phenolic compounds	Trypan Blue
Contraceptives, Oral	Phenothiazines (dyes)	Vanilla Oils
Demeclocycline (Declomycin,	Phenoxazine Phenylbutazone (Butazolodin)	Water Ash
Demethylchlortetracycline)	Phenytoin (Dilantin)	Xylene
Desipramine (Norpramin, Pertofrane)	Porphyrins	Yarrow
Diabinese	Premarin	
Dibenzopyran derivatives	Profriptyline (Vivactil)	
Dicyanine-A	Promazine Hydrochloride (Sparine)	
Diethylstilbestrol	Promethazine Hydrochloride (Phenergan)	
Digaloyl trioleate (sunscreen)	Psoralens	
Dilantin	Pyrathiazine Hydrochloride (Pyrrolazote)	
Dill	Pyridinc	
Diuril	Quinethazone (Hydromax)	
Doxycycline	Quinine	
Estrone	Rue	
5-Fluorouracil	Salicylanilides	
Glyceryl P-Aminobenzoate (sunscreen)	Salicylates	

Tanning Client Data & Consent Record

NAME: _____

Name: _____ Birth Date: _____
 Address: _____
 City: _____ State: _____ Zip: _____
 Home Phone: _____ Work Phone: _____

Please answer the following questions honestly to help our technicians evaluate your skin type and design your tanning program properly. **Skin Type:** _____

1. Are you currently taking any medications (prescription or over-the-counter)?
 Y/N
 If YES please consult the Medication List and/or your physician!
2. Are you currently taking any photosensitizing medications? Y/N
 If yes, please consult the medication list and/or your physician!
3. What is your natural hair color? _____
 Do you color your hair? Y/N
4. What is your natural eye color? _____
 (Note: Contact lenses should be removed while tanning to prevent eye injury!)
5. Have you ever suffered a major sunburn? Y/N
 If so, how long ago did this occur? _____
6. Do you normally tan easily? Y/N
7. Has a doctor ever told you to stay out of the sun? Y/N
8. Do you usually freckle when exposed to sunlight? Y/N
9. Are you pregnant? Y/N
10. Do you use sun block lotion for lip and skin protection while outside? Y/N
 (Note: Lips should always be protected from exposure while tanning)
11. What are your average hours of exposure to sunlight per day? _____

Warning Statement (OAR 333-119-0050): Not wearing the protective eyewear provided to each customer by the tanning facility may cause damage to the eyes. Overexposure to the tanning process may cause burns. Repeated exposure to the tanning process may cause skin cancer or premature aging of the skin or both. Abnormal skin sensitivity or burning may result from the tanning process if the customer is also consuming or using certain foods, cosmetics, or medications such as tranquilizers, antibiotics, diuretics, high blood pressure medication, antineoplastics or birth control pills. Any person taking a prescription or over-the-counter drug should consult a physician before using a tanning device.

Liability Disclaimer: *(Insert your liability disclaimer)*

Signature: _____ Date: _____
 (If under 18, parent or legal guardian must also sign consenting to the above)

Signature: _____ Date: _____

Client Initials	Goggles Y/N	Date+ Year	Exposure Time	Client Initials	Goggles Y/N	Date+ Year	Exposure Time
1.				23.			
2.				24.			
3.				25.			
4.				26.			
5.				27.			
6.				28.			
7.				29.			
8.				30.			
9.				31.			
10.				32.			
11.				33.			
12.				34.			
13.				35.			
14.				36.			
15.				37.			
16.				38.			
17.				39.			
18.				40.			
19.				41.			
20.				42.			
21.				43.			
22.				44.			



TANNING TRAINING VENDORS

State of Oregon Radiation Protection Services
800 NE Oregon Street, Suite 640 | Portland, OR 97232-2162
Voice: (971) 673-0490 | Fax: (971) 673-0553

www.healthoregon.org/rps

Name	Services	Address	Phone, Email, Website
International Smart Tan Network (ISTN) Attn: Teresa Poehlman	Online On-site	3101 Page Avenue PO Box 1630 Jackson, MI 49204	1-800-652-3269 teresap@smarttan.com www.smarttan.com
National Tanning Training Institute (NTTI) Attn: Amy Thorlin	Online On-Site	PO Box 40079 Phoenix, AZ 85067-0079	1-800-529-1101 www.tanningtraining.com
Suntanning Association for Education (SAE) Attn: Paul Germek	On-Site Correspondence	PO Box 1181 Gulf Breeze, FL 32562	1-800-536-8255 suntanningedu@gmail.com www.suntanningedu.com
TanningSchool.com Attn: John Duncan	Online	PO BOX 413 Grove City, OH 43123	1-877-826-7565 www.tanningschool.com

ADDITIONAL RESOURCES

Oregon Public Health Division
Radiation Protection Services
www.healthoregon.org/rps

800 NE Oregon St, Ste 640
Portland, OR 97232

(971) 673-0490
Fax: (971) 673-0553

Public Health Service
Food & Drug Administration
www.fda.gov/cdrh/tanning

10903 New Hampshire Ave
Silver Spring, MD 20993-0002

1-888-463-6332



STATE OF OREGON RADIATION PROTECTION SERVICES
TANNING PROGRAM
SELF INSPECTION CHECK LIST

Date of Self-Inspection: _____ Inspected by: _____

Facility Registration

- Each tanning device must have a current license (make sure serial numbers on the device match the serial numbers on the license)
- Each tanning device license is posted in public view

Notes: _____

Training of Personnel

- NEW All operators have completed formal training (*You have till July 1, 2011 to become compliant. After July 1, 2011 operators must be trained prior to operating a tanning device independently*)
- All operators have a copy of their training certificate at the salon
- Log of operator training is filled out and accurate

Notes: _____

Records & Reports

- Tanning device manuals are present at the facility. (One for each type of bed)
- Maintenance logs* for each bed are current AND present at the facility
- Timer test is completed for each device and recorded on the Timer Test Record* (Check for a +/- 10% accuracy)
- Client cards are current and up-to-date
 - Signed and Dated (this is required once a year)
 - All of the questions answered (this is required once a year)
 - Skin typing has been done PROPERLY & the skin type # is noted on the client card

Notes: _____

Signs

- 'Notice to the Public' sign* must be posted in public view
- 'Persons Under 18' sign* must be posted in public view
- 'Warning' sign* must be posted within 1 meter (3 feet) of tanning device
- The 'Medication' list* must be available for consumers (posting ensures this)
- NOTE: Make sure signs are around eye level. Do not hide them behind plants, lotions or other items

Notes: _____

Sanitation

- Your sanitizer must be on the list of Approved Sanitizers*
- Ensure that you are mixing the sanitizer to the required parts per million (ppm)
- Test your sanitizer initially and then once a week to ensure proper concentration
- Test with the proper test strips (the scale must go up to 1,000 ppm)
- Employees must be cleaning the tanning equipment between each use with a clean towel each time.
- For Beds:* Ensure that both the top and bottom acrylics are being cleaned
- For Standup Units:* Ensure that all panels are being cleaned
- Fans are working on all of the devices, and are kept clean of dust & debris
- The facility is maintained in a clean manner
- Paper towels or clean towels are provided to customers

Notes: _____

Equipment

- All tanning device lamps must have an acrylic cover (This includes stand up units).
- Stand-up units must have a handrail for consumers to hold onto during operation
- Each tanning device must have a label that warns of UV radiation and that protective eyewear is required (Note: If you cannot read any part of the label, replace it.)
- Ensure that lamp equivalency certifications are available for any after market lamps. (**Tip:** On the form highlight the lamps you installed and the lamp the tanning device requires.)
- A remote timer is required for each tanning device and is to be operated by staff only
- Each timer must work and be accurate within + or – 10% (Note: You are required to test the timer for each device once a year. Record results on the Timer Test Record*)
- An emergency shut-off mechanism must be operational for each tanning unit
- The emergency shut-off mechanism must be located on each tanning unit
- Maintain tanning devices to minimum requirements of manufacturer
 - shocks are in good working order
 - all the lamps are working
 - all of the fans are clear of dust and working
 - acrylics are clean & free of cracks & damage & that no screws are missing

Notes: _____

Advertising

- Do not use wording such as “Safe”, “Safe Tanning”, “No Harmful Rays”, “No Adverse Effect”
- Do not advertise or promote packages labeled as “Unlimited”

Notes: _____

Questions? Contact:

RPS, Tanning Bed Program; 800 NE Oregon Street, Ste 640; Portland, OR 97232

Phone: 971-673-0490 | **Fax:** 971-673-0553 | **Web:** www.healthoregon.org/rps

* Forms, signs, and lists are available online at www.healthoregon.org/rps

Note: ALL RECORDS AND FORMS MUST BE AVAILABLE FOR INSPECTOR REVIEW AT THE TIME OF INSPECTION!



Tanning Vendors

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www.healthoregon.org/rps

AlSCO Janitorial Supply Attn: Sue Rutherford srutherford@alsco.com www.alsco.com	1745 W 5 th Ave Eugene, OR 97402 541-434-9696
Buckeye International, Inc Attn: Angela Knickmeyer aknickmeyer@buckeyeinternational.com www.buckeyeinternational.com	2700 Wagner Place Maryland Heights, MO 63043 314-291-1900 1-800-321-2583
Cleaning Solutions Equipment & Supply, LLC Attn: Lee Rickert sales@cleaningsolutionssupply.com www.cleaningsolutionssupply.com	541 Parsons Drive Medford, OR 97501 541-779-2014
Desert Tan/Merwin Mini Storage Attn: Gwen Duckworth gwen@fisherkingflyshop.com	PO Box 48 Paisley, OR 97636 541-219-2011
Desert Viking Distributing Attn: Dale Hansen	4630 NE 190 th Lane Portland, OR 97230 503-907-1800 1-800-795-9520
ETS Inc Attn: Martin Sperry	6270 Corporate Drive Indianapolis, IN 46278 1-317-290-8982
Hex Tanning & Marketing Attn: Linda Bommarito linda@hextanning.com www.hextanning.com	2201 S Michigan Ave Saginaw, MI 48602 1-800-792-2491
Kelson Distributors Inc Attn: Bradley Kelly	13000 Bel-Red Rd, Ste 206 Bellevue, WA 98005 1-424-453-1199 1-800-223-3808
Smitty's Tanning Bed Cleaners Attn: Shelly Smith, Andrew Smith	2270 Pierce Street Eugene, OR 97405 1-541-653-1172 1-541-687-2274
The Tan Man Attn: Ron Cunningham, Jr.	4630 NE 190 th Lane Portland, OR 97230 503-907-1801
The Tanning Bed Company Attn: Randy McNeill www.thetanningbedcompany.com	14915 SW 72 nd Ave Tigard, OR 97224 503-684-3588 1-800-448-5453